



STEAKS

200g PORK STRIPLOIN with mash, broccolini & choice of sauce	23.90/26.90
300g PORTERHOUSE STEAK with chips & choice of sauce	32.90/35.90
300g RIB FILLET with chips & choice of sauce	33.90/36.90
300g BLACK ONYX RUMP (marble score 3+) with chips & choice of sauce	38.90/41.90

MAIN MEAL TOPPERS

SPICED PLANT-BASED MINCE (V) (GF)	6.00/7.00
KOREAN FRIED CHICKEN PIECES	6.00/7.00
BATTERED ONION RINGS (V)	6.00/7.00
GRILLED LAMB KOFTAS (3)	7.00/8.00
GRILLED PORK STRIPLOIN STRIPS (GF)	7.00/8.00
FRIED CRUMBED LAMB CUTLET (1)	7.00/8.00

Kids Menu

Meal includes free dessert
for children 12 & under

11.90/12.90

CHICKEN NUGGETS & CHIPS

FISH & CHIPS

CHEESEBURGER & CHIPS

BEEF SAUSAGE, MASH & GRAVY

Take away welcome / Check blackboard for daily specials

Menu items subject to availability

15% surcharge on all Public Holidays

Food Allergy Disclaimer - while we will endeavour to accommodate requests for special meals for customers who have food allergies or intolerances, we cannot guarantee completely allergy-free meals. This is due to the potential of trace allergens in the working environment and supplied ingredients.



BISTRO MENU

pricing: MEMBERS/VISITORS

STARTERS

GARLIC BREAD (V)	9.90/10.90
GARLIC CHEESE BREAD (V)	10.90/11.90
TOASTED NAAN BREAD (V) with 3 dips	13.90/15.90
SOUP OF THE DAY with bread roll & butter	13.90/15.90
SMALL BOWL CHIPS (V)	8.90/9.90
LARGE BOWL CHIPS with gravy or aioli	13.90/15.90

WHEN PURCHASED WITH MAIN MEAL

SIDE SALAD (V) (VGN) (GF)	2.00/3.00
SIDE STEAMED VEGETABLES (V) (VGN) (GF)	3.00/4.00
SIDE BAKED VEGETABLES (V) (VGN) (GF)	3.00/4.00

SAUCES OF CHOICE

3.00/4.00

Gravy, Mushroom, Green Peppercorn,
Garlic Cream, Hollandaise, Aioli, Bearnaise

pricing: **MEMBERS**/VISITORS

PETITE MEALS 16.90/18.90

BEEF SAUSAGE
with mash, vegetables & gravy

PANKO CRUMBED ALASKAN COD FILLETS
with chips & tartar sauce

BAKED BRIE CHEESE ON TOASTED PIZZA BREAD (V)
with confit garlic, glazed cherry tomatoes, fresh basil & balsamic drizzle

B.E.L.T TOASTED BUN
bacon, egg, lettuce & tomato on a toasted bun with aioli & chips

BEEF BURGER
with lettuce, tomato, cheese, BBQ sauce & chips

LAMB RISSOLE
with mash, vegetables & gravy

WHOLESOME CHOICES 22.90/25.90

FLAME'S THAI SALAD (V) (VGN) (GF)
green gem lettuce, vermicelli, wombok, bean sprouts, pickled cucumber & light chilli lime dressing

ROASTED PUMPKIN, CASHEW & FETTA SALAD (V) (GF)
with mixed lettuce leaves, cucumber, tomato & ranch dressing

BEAN NOODLES (V) (GF)
with Asian spiced plant-based mince, spinach, pickled ginger & fresh herbs

GNOCCHI (V)
with mushrooms, roasted pumpkin, baby spinach, red onion in a tomato & capsicum pesto cream

FRESH GRILLED VEGETABLE STACK (V) (VGN) (GF)
with baby spinach, balsamic beetroot relish & basil

SEAFOOD

PANKO SQUID RINGS 22.90/25.90
with chips & aioli

GARLIC PRAWNS (GF) 26.90/29.90
in creamy white wine sauce with rice, fresh slaw & parmesan

GRILLED BARRAMUNDI 26.90/29.90
with chips, broccolini & citrus garlic butter

BUTTERFLIED BATTERED PRAWNS 28.90/31.90
with chips & Marie Rose sauce

SALT & PEPPER BATTERED FLATHEAD FILLETS 28.90/31.90
with chips, lemon & tartar

PRAWN & SQUID SPAGHETTI 26.90/29.90
in garlic rosé sauce, baby spinach & parmesan

GRILLED GOLD BAND SNAPPER (GF) 28.90/31.90
with rustic potato bake, broccolini & mild chilli mango salsa

MEAT

ROAST OF THE DAY (GF) from 22.90/25.90
with mash, steamed vegetables & gravy

GRILLED CHICKEN BREAST 27.90/30.90
served on gnocchi with red onion, green peas, black pepper, mushrooms, baby spinach & creamy garlic sauce

BAHN MI 22.90/25.90
crusty Vietnamese roll with BBQ pork, crisp vegetables, herbs, pickled cucumber, spiced Asian dressing, aioli & chips

GRILLED LAMB KOFTAS 22.90/25.90
with toasted flatbread, rice, crisp vegetables, herb & chilli salad & Thai lime dressing

CRUMBED LAMB CUTLETS 26.90/29.90
with chips, salad greens & gravy

SLOW COOKED BEEF CHEEKS 29.90/32.90
with rustic potato bake, broccolini & red wine & onion jus

BURGERS

BATTERED FLATHEAD BURGER 21.90/24.90
with cheese, lettuce, tomato, tartar sauce & chips

SOUTHERN STYLE CHICKEN BURGER 21.90/24.90
with bacon, lettuce, slaw, tomato, cheese, sweet chilli, aioli & chips

HAWAIIAN FRIED CHICKEN BURGER 21.90/24.90
with lettuce, tomato, bacon, pineapple, cheese, aioli & chips

FLAME'S BEEF QUARTER POUNDER 21.90/24.90
with bacon, cheese, onion, lettuce, pickles, tomato, burger sauce & chips

DOUBLE BEEF PATTY BACON & CHEESE BURGER 22.90/25.90
with lettuce, tomato, burger sauce & chips

SCHNITZELS

CHICKEN SCHNITZEL 23.90/26.90
with chips & gravy

CHICKEN SCHNITZEL PARMIGIANA 25.90/28.90
with chips

HAWAIIAN CHICKEN SCHNITZEL 27.90/30.90
Topped with Napoli sauce, ham, pineapple & cheese with chips

MEXICAN CHICKEN SCHNITZEL 27.90/30.90
topped with Napoli sauce, avocado, jalapenos, pimento, cheese & chips

LARGE PORK SCHNITZEL 28.90/31.90
topped with ham, cheese, mushroom sauce & chips

LARGE WIENER SCHNITZEL 28.90/31.90
with lemon, fried capers, gravy, slaw & chips